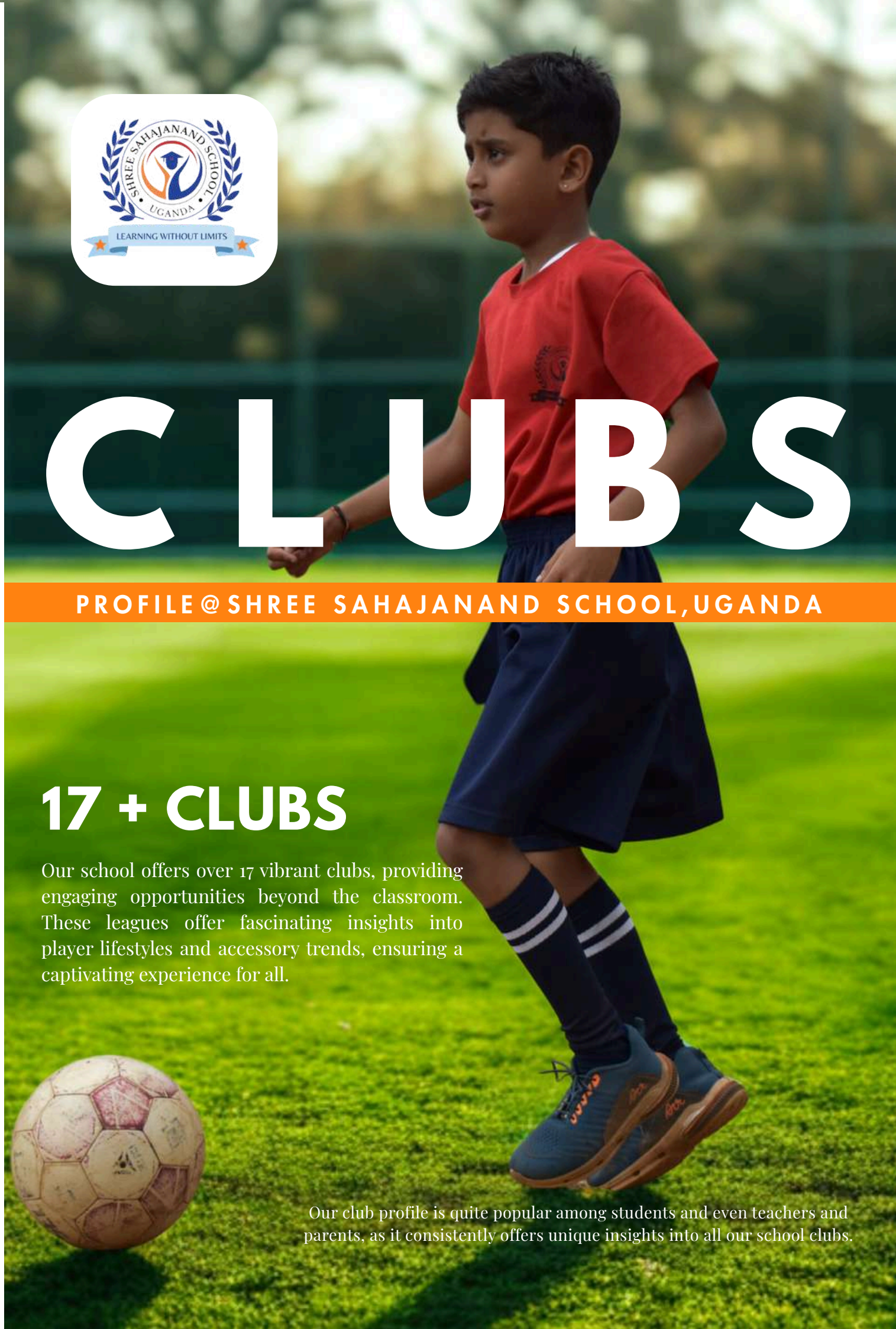


CLUBS

PROFILE@SHREE SAHAJANAND SCHOOL,UGANDA

17 + CLUBS

Our school offers over 17 vibrant clubs, providing engaging opportunities beyond the classroom. These leagues offer fascinating insights into player lifestyles and accessory trends, ensuring a captivating experience for all.

Our club profile is quite popular among students and even teachers and parents, as it consistently offers unique insights into all our school clubs.

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SPORTS

"JOIN A SPORTS TEAM TO STAY ACTIVE AND HEALTHY!"





CLUBS AT

SHREE SAHAJANAND SCHOOL, UGANDA.

Clubs at Shree Sahajanand School Uganda form an important part of the school's co-curricular programme, aimed at nurturing learners' talents, creativity, and life skills beyond the classroom. The clubs cover a wide range of interests such as sports, music, dance, drama, art, ICT, debate, and entrepreneurship

Clubs are flexibly scheduled, allowing them to take place:



- **During the school timetable (in allocated club periods)**
- **As an after-school programme**
- **On weekends**
- **During school holidays**

In a school competition, students play to find out who the winner is. Many school events have a winner each year.

By planning games throughout a regular sports season, sometimes followed by extra playoff matches.

There are so many sports to choose from! Some sports have just one person playing at a time, while others have teams playing together.



CLUBS INSIGHT

They are facilitated by specialised coaches and supervised by teachers, ensuring a safe and enriching experience for all learners. The after-school club option provides an engaging and productive way for learners to continue exploring their interests once lessons are over, promoting holistic growth and personal development.

The clubs are subscription-based, with costs—including equipment—borne by the parents. The school provides the necessary facilities for training and practice and pays for registration and affiliation fees with various governing bodies. Accommodation and out-of-school expenses related to club activities are the responsibility of the parents of participating learners. Additionally, the school actively invites sponsors and promoters to support the different teams and clubs.

Learners who demonstrate advanced skills in their respective clubs are promoted to school teams, choirs, or advanced groups, providing them opportunities to showcase and further develop their talents competitively or publicly.

TAEKWONDO

AT SHREE SAHAJANAND SCHOOL.

Taekwondo, a Korean martial art taught at SSSU, focuses on self-discipline, physical fitness, and self-defence techniques. It is delivered in a structured setting to enhance strength, flexibility, coordination, and balance. Learners gain confidence, respect, and focus, while also improving health, teamwork, and goal-setting through belt progression.

The training positively impacts academics by improving concentration, self-discipline, and motivation. It helps learners manage stress, build resilience, and stay committed to their goals. Taekwondo at SSSU nurtures both body and mind, supporting better performance in school and life.





Kickstart Your Wellness: Taekwondo & Clubs

TAEKWONDO



Conclusion

- Taekwondo at SSSU nurtures both mind and body.
- It empowers learners with confidence, discipline, and focus—skills that translate into better performance both in school and in life.

CODING AND ROBOTICS



CLUBS AT SHREE SAHAJANAND SCHOOL, UGANDA



CODING AND ROBOTICS

AT SHREE SAHAJANAND SCHOOL.



Robot – A machine designed to perform tasks automatically.

Code – A set of instructions written in a programming language.

Coding and Robotics at SSSU offers learners a dynamic, hands-on introduction to programming (like Scratch and Python) and robotics (such as LEGO Mindstorms and Arduino). The club is interactive, age-appropriate, and integrated with science and math, allowing learners to solve real-world problems using technology. Guided by skilled instructors, students build digital literacy, creativity, and teamwork through designing games, apps, and robots.

This program reinforces classroom learning while nurturing critical thinking, focus, and persistence. It encourages curiosity, collaboration, and innovation—skills vital for academic success and future tech careers. Coding and Robotics at SSSU is more than just fun; it equips learners with 21st-century skills for life and learning.

SWIMMING

SPORT SWIMMING FOR THE SSSU FUTURE



STEP SWIMMING FOR BEGINNER

Easy step how to learn swimming for beginner

ISSUE 10 - VOLUME 56

CLUBS AT SHREE SAHAJANAND SCHOOL, UGANDA

Swimming Club



Swimming is a fun, life-enhancing activity that teaches learners essential skills like swimming strokes, breathing techniques, water safety, and rescue skills. Guided by qualified coaches and supervised by teachers, sessions promote physical fitness, confidence in water, and opportunities for rehabilitation or competitive sport.

Beyond fitness, swimming improves mental well-being, focus, and discipline—directly supporting academic success. It boosts memory, goal-setting, and teamwork, helping learners thrive both in and out of the classroom.

At SSSU, swimming is more than recreation—it's a powerful tool for building life skills and academic excellence.





FOOTBALL

"Success is no accident. It is hard work, perseverance, learning, studying, sacrifice and most of all, love of what you are doing or learning to do."



2025

SSSU FOOTBALL

Football is an exciting, team-driven sport that equips learners with essential skills such as ball control, passing, dribbling, shooting, and game strategy.

FOOTBALL



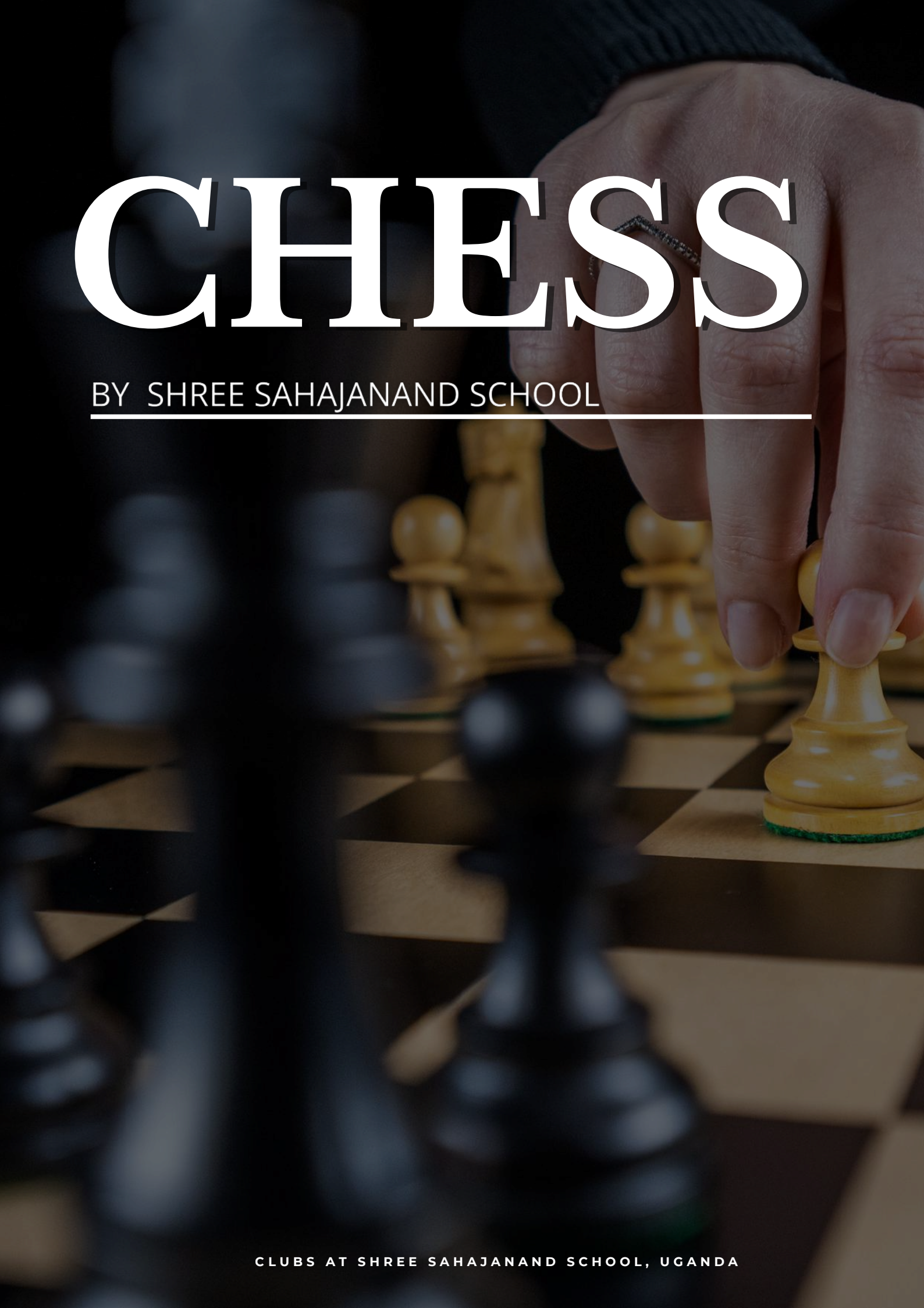
Under the guidance of experienced coaches and supervision of teachers, training sessions foster physical fitness, coordination, and discipline while providing opportunities for both recreational play and competitive matches.

Beyond the pitch, football builds mental resilience, focus, and problem-solving skills—qualities that directly enhance academic performance. It nurtures teamwork, communication, leadership, and goal-setting, empowering learners to excel in various aspects of life.

At SSSU, football is more than just a game—it is a dynamic platform for developing character, life skills, and academic excellence.

"You have to fight to reach your dream. You have to sacrifice and work hard for it."





CHESS

BY SHREE SAHAJANAND SCHOOL

CLUBS AT SHREE SAHAJANAND SCHOOL, UGANDA



CHESS

AT SHREE SAHAJANAND SCHOOL.

Chess at Shree Sahajanand School Uganda is a strategic game that sharpens learners' minds through critical thinking, planning, and smart decision-making. Played with 16 unique pieces per player, the goal is to checkmate the opponent's king while defending one's own. Club sessions are teacher-supervised and often led by experienced players, exposing learners to tactics, strategies, and good sportsmanship.

Chess boosts concentration, memory, and problem-solving—skills essential for academic success. It encourages patience, discipline, and logical thinking, especially useful in subjects like math and science. At SSSU, chess is more than just a game—it's a mental workout that prepares learners to think clearly and perform confidently in all areas of life.





CRICKET @ SSSU



CRICKET

GET READY, THE BATTLE BEGINS!





THE ULTIMATE GAME

CRICKET CHAMPIONS - ON THE FIELD AND IN LIFE

By Anita Wren
Photographs by Pat Santos

Cricket at Shree Sahajanand School Uganda is a popular team sport offered through after-school programs and co-curricular clubs. Learners engage in batting, bowling, and fielding while developing values like teamwork, strategy, and physical fitness. Sessions are led by trained coaches and supervised by teachers to ensure safety and fair play.

Playing cricket enhances focus, stamina, and strategic thinking—skills that directly support academic success. It also builds discipline, time management, and leadership, boosting learners' confidence both on the field and in class. At SSSU, cricket is more than a sport—it's a tool for personal growth and academic excellence.



BALLET



CLUBS AT SHREE SAHAJANAND SCHOOL, UGANDA







BALLET BEATS – ELEGANCE, ENDURANCE, EXPRESSION

BALLET

Ballet is a graceful art form that combines technique, rhythm, and expression. Guided by specialised dance instructors and supervised by teachers, learners develop posture, balance, flexibility, and choreography through structured and engaging practice.

Ballet enhances physical fitness, coordination, and discipline while boosting creativity, confidence, and focus. It supports academic performance by improving concentration, memory, and cognitive skills. The patience and perseverance developed through ballet translate into stronger learning habits, making it both an artistic and academic asset for learners at SSSU.

PLAY WITH ME

VIOLIN



"STRINGS OF EXCELLENCE: THE VIOLIN JOURNEY"

The Violin Club introduces learners to one of the most expressive string instruments.

"Fine Strings, Fine Minds"

CLUBS AT SHREE SAHAJANAND SCHOOL, UGANDA

VIOLIN CLUB
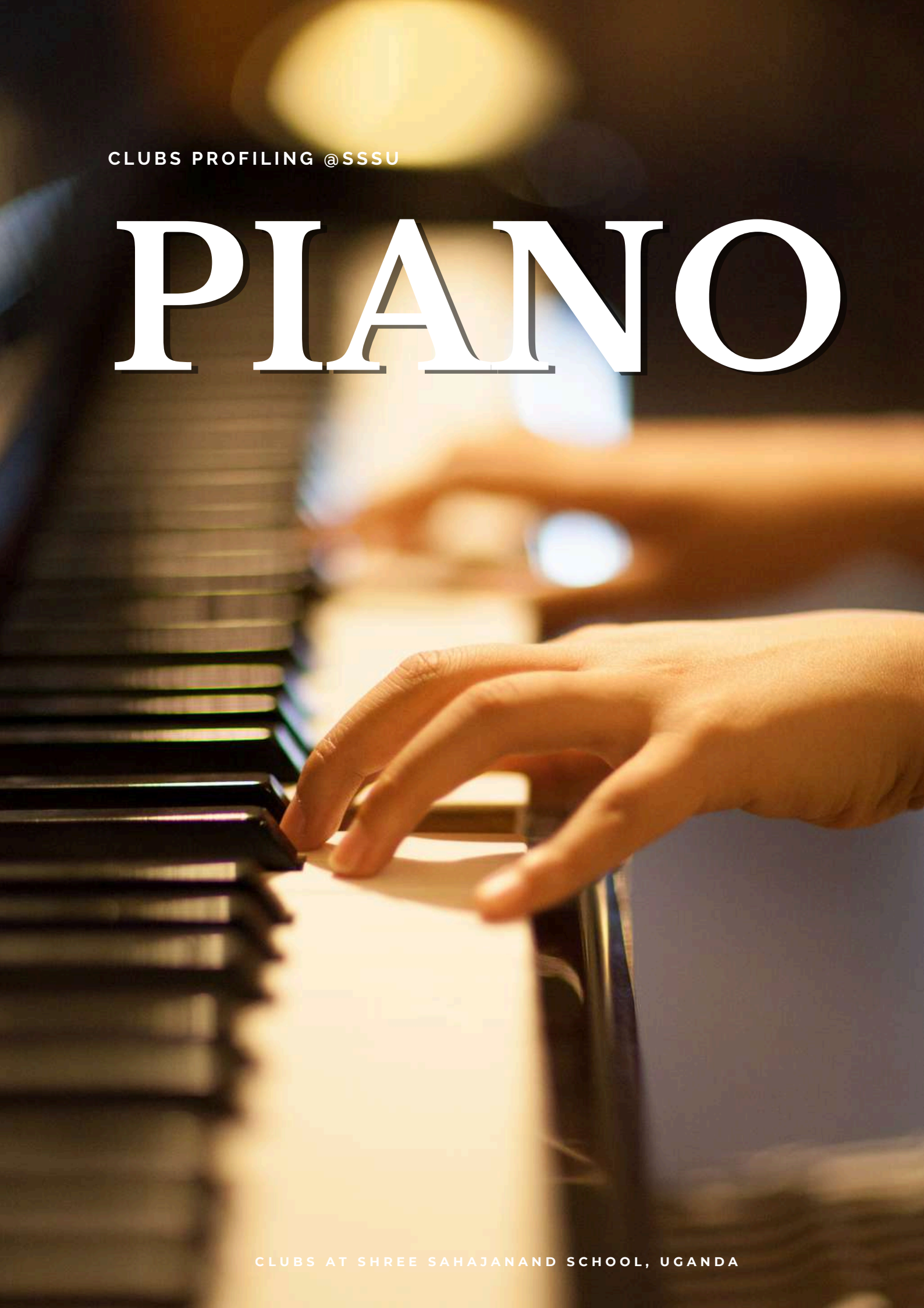




Violin offers learners a chance to explore one of the most expressive string instruments. Guided by trained music instructors and supervised by teachers, students develop playing techniques, music reading, and performance skills in a supportive environment.

Learning the violin enhances fine motor skills, listening, and discipline, while encouraging creativity and emotional expression. It also boosts concentration, memory, and pattern recognition—skills that support language, math, and overall academic success. Through regular practice and performance, learners build confidence, time management, and goal-setting abilities that benefit both music and classroom learning.

‘violin is more than music—it is a powerful tool for academic growth, personal discipline, and artistic expression.”

CLUBS PROFILING @SSSU

PIANO



CLUBS AT SHREE SAHAJANAND SCHOOL, UGANDA

PIANO



The 1st Journal
By Estelle Darcy
24 September, 2014

Piano allows learners to explore melody, harmony, and rhythm through guided instruction by specialised piano teachers and supervised support from school staff. Students develop sight-reading, finger techniques, and musical expression in a structured, engaging environment.



Playing the piano strengthens hand coordination, boosts creativity, and builds discipline and confidence. It enhances memory, focus, and pattern recognition—supporting literacy and numeracy. Regular practice also improves emotional regulation, helping learners manage stress and perform better academically. At SSSU, piano is both an artistic outlet and a tool for holistic development.

CLUBS PROFILING @SSSU

TABLE TENNIS

AT SHREE SAHAJANAND SCHOOL, UGANDA.

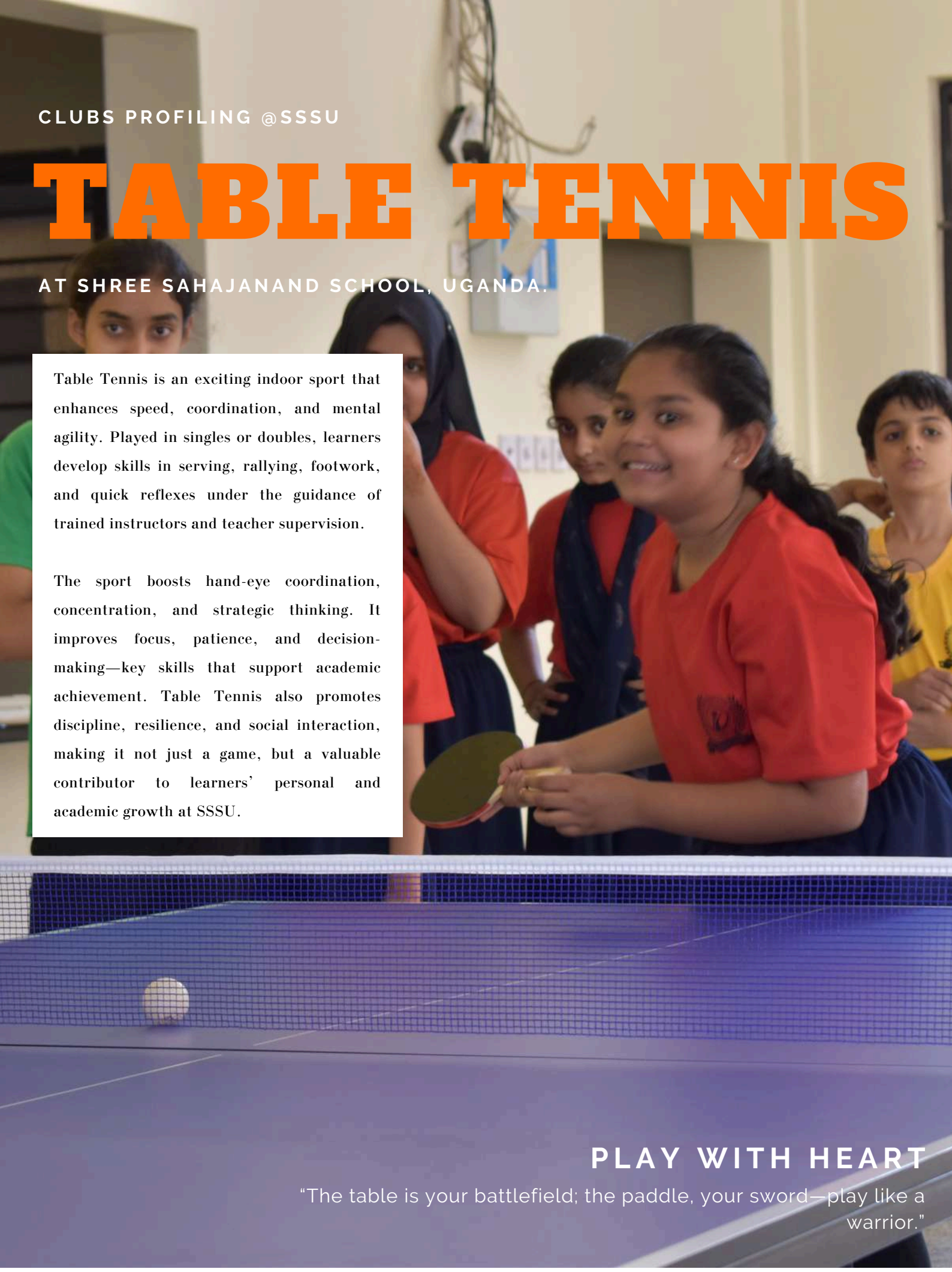


Table Tennis is an exciting indoor sport that enhances speed, coordination, and mental agility. Played in singles or doubles, learners develop skills in serving, rallying, footwork, and quick reflexes under the guidance of trained instructors and teacher supervision.

The sport boosts hand-eye coordination, concentration, and strategic thinking. It improves focus, patience, and decision-making—key skills that support academic achievement. Table Tennis also promotes discipline, resilience, and social interaction, making it not just a game, but a valuable contributor to learners' personal and academic growth at SSSU.

PLAY WITH HEART

"The table is your battlefield; the paddle, your sword—play like a warrior."



CLUBS PROFILING @SSSU

BADMINTON

AT SHREE SAHAJANAND SCHOOL, UGANDA.

"DISCIPLINE. FOCUS. BADMINTON."

Badminton is a fast-paced racquet sport played individually or in pairs, focusing on agility, speed, and precision.

"FROM THE COURT TO CHARACTER"

"Battle at the Net"







Badminton is a fast-paced racquet sport that sharpens agility, speed, and precision. With guidance from specialised coaches and teacher supervision, learners build skills in serving, rallying, footwork, and strategy, while also enhancing physical fitness and coordination.

Beyond the court, badminton boosts focus, discipline, and resilience—traits that support academic success. It encourages teamwork, quick thinking, and time management, helping learners excel both socially and academically. At SSSU, badminton is more than a sport—it's a pathway to holistic development and lifelong skills.



"Where Champions Are Made"

CLUBS @ SSSU

SCOUTS AND GUIDES CLUB

GET READY



"Honoring the Spirit of Scouting" @ SSSU

2025

Volume 32
Issue 15

20 JUNE 2024

NEW COLLECTION



"SERVICE WITH A SMILE, LEADERSHIP WITH HEART"

1ST EDITION

"Badges Earned, Values Learned"



The Scouts and Guides Club provides learners with valuable opportunities to develop leadership, teamwork, and practical life skills through outdoor activities, community service, and character-building experiences. The club focuses on nurturing self-reliance, responsibility, and social awareness under the guidance of trained leaders and teachers.





DEBATE Club





"Debate: The Art of Persuasion"

"Voices That Challenge, Minds That Change"

Debate Club at Shree Sahajanand School Uganda provides learners with a dynamic platform to sharpen critical thinking, communication, and public speaking skills. Through guided sessions led by experienced coaches and teacher supervision, students engage in structured debates that promote logical reasoning, research, and respectful exchange of ideas.

Participation in the club enhances academic performance by strengthening comprehension, writing, and verbal expression across subjects. Learners gain confidence, improve presentation skills, and develop the ability to form well-structured arguments—skills that support classroom engagement, exam success, and lifelong learning.















DRAMA CLUB

Drama Club offers learners a creative platform to engage in acting, storytelling, and stage production. Under the guidance of skilled instructors and teacher supervision, students participate in rehearsals, performances, and workshops that nurture self-expression, confidence, and a love for the arts.

Through drama, learners develop strong communication skills, creativity, empathy, and teamwork.

These experiences enhance language use, memory, and concentration—supporting academic performance in reading, writing, and oral presentations.

The discipline and collaboration gained through drama also promote responsibility and focus, key traits for classroom success.

"All the world's a stage, and all the men and women merely players."



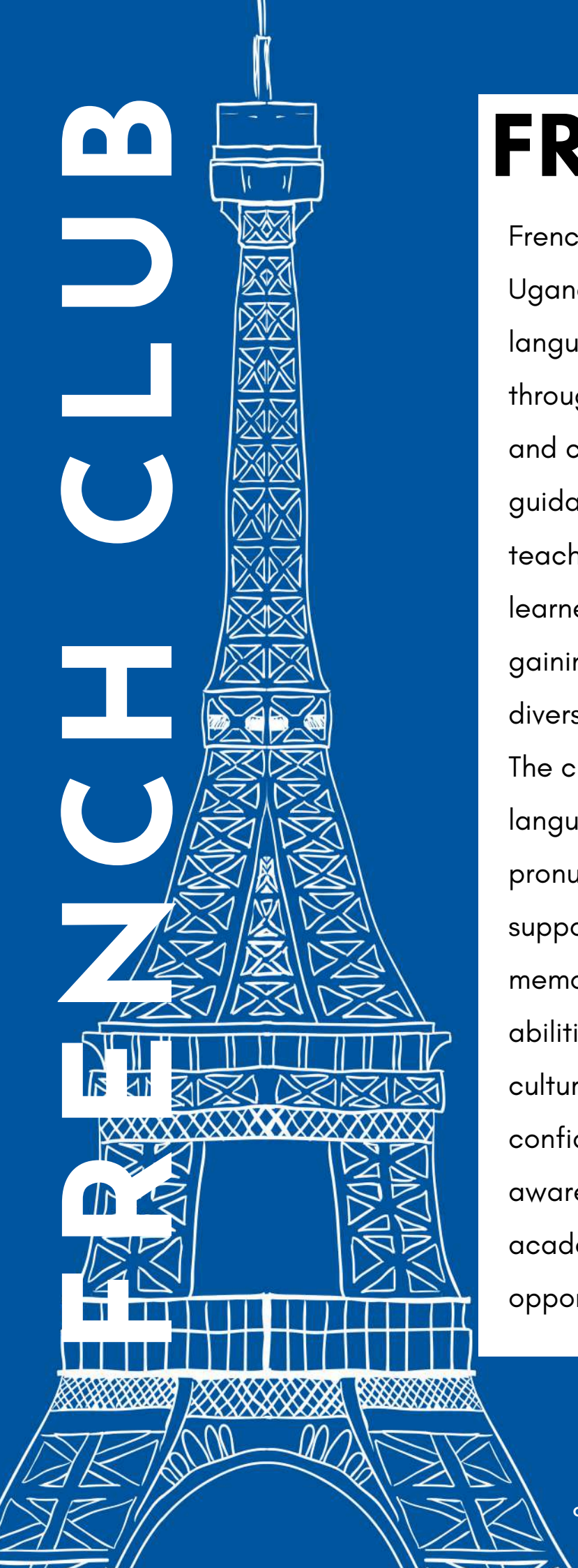
Dance

Dance Club provides learners with a vibrant and expressive space to explore different dance styles while improving physical fitness, rhythm, and coordination. Led by professional instructors and supervised by teachers, the club promotes creativity, discipline, and cultural appreciation through consistent practice and engaging performances.

Learners gain skills in flexibility, musicality, self-expression, and stage presence. These experiences enhance academic performance by improving focus, memory, and sequencing skills. Dance also supports emotional well-being, teamwork, and perseverance—qualities that translate into better classroom participation and overall academic success.

DANCE Club

CLUBS AT SHREE SAHAJANAND SCHOOL, UGANDA



FRENCH CLUB

French Club at Shree Sahajanand School Uganda introduces learners to the French language and Francophone cultures through interactive lessons, conversations, and cultural experiences. Under the guidance of experienced language teachers and supervised by school staff, learners build communication skills while gaining a deeper appreciation for global diversity.

The club equips students with French language proficiency, improved pronunciation, and listening skills. It supports academic growth by enhancing memory, literacy, and problem-solving abilities. Through regular practice and cultural exploration, learners build confidence, discipline, and global awareness—valuable traits for both academic success and future opportunities.

KISWAHILI Club

The Kiswahili Club nurtures learners' understanding and use of Kiswahili through engaging lessons, storytelling, and cultural exploration. With guidance from skilled teachers, learners enhance communication skills and gain deeper appreciation for East African cultures.

Countries where Swahili (Kiswahili) is spoken:

- Tanzania
- Kenya
- Uganda
- Democratic Republic of Congo (DRC)
- Rwanda
- Burundi
- Somalia (parts)
- Mozambique (parts)
- Malawi (parts)
- Zambia (parts)
- Comoros Islands
- Oman (some areas)
- South Sudan (some areas)







"Haba na haba hujaza kibaba" (Little by little fills the measure)







LUGANDA CLUB

The Luganda Club fosters fluency and appreciation for Luganda—a key local language—through engaging speaking, reading, and cultural activities. Guided by experienced teachers, learners strengthen their language skills while deepening their connection to Buganda heritage.

"Akanyama akato, katunda ekitono" (A small piece of meat is better than no meat at all),

CLUBS @ SSSU

WILDLIFE CLUB

VOL. 1



Into the Wild: One with Nature

The Wildlife and Environment Club inspires learners to explore environmental conservation, sustainability, and global diversity. Through hands-on projects, discussions, and community involvement, learners become environmentally conscious and responsible global citizens.

7 Hidden Paradises You Must Visit

Discover 7 hidden paradises around the world where untouched beauty, tranquil landscapes, and breathtaking nature offer the perfect escape from the ordinary.

Getting to Know Tropical Forests Closer

Tropical forests are rich, vibrant ecosystems teeming with biodiversity, and getting closer to them reveals their vital role in regulating the climate, supporting wildlife, and sustaining human life.

Eco-Friendly Travel Tips

Travel responsibly by choosing sustainable transport, minimizing plastic use, supporting local communities, and respecting natural habitats to protect the planet while exploring it.



SSSU Students visiting UWEC - Entebbe



TRIBUTE TO HASUBHAI

In tribute to our beloved chief donor, Mr. Hasmukhbhai Kanjibhai Patel, Shree Sahajanand School Uganda reflects on the lasting impact of his generosity. His unwavering support shaped the future of our institution, providing countless students with opportunities to realize their full potential. Beyond education, Mr. Patel played a pivotal role in advancing healthcare and community development, inspiring students to excel academically and embrace social responsibility. While his untimely passing is a profound loss, we are committed to honoring his legacy through continued mentorship and community service.



In conclusion, it has been another successful year for Shree Sahajanand School. The dedication and hard work of both our staff and students continue to drive the school forward, ensuring that we remain a beacon of excellence in education within the region. We look forward to another year of continued progress and achievement, working together to shape the future of our students.

Thank you.

MOSES KIRINYA
PRINCIPAL,
SHREE SAHAJANAND SCHOOL UGANDA



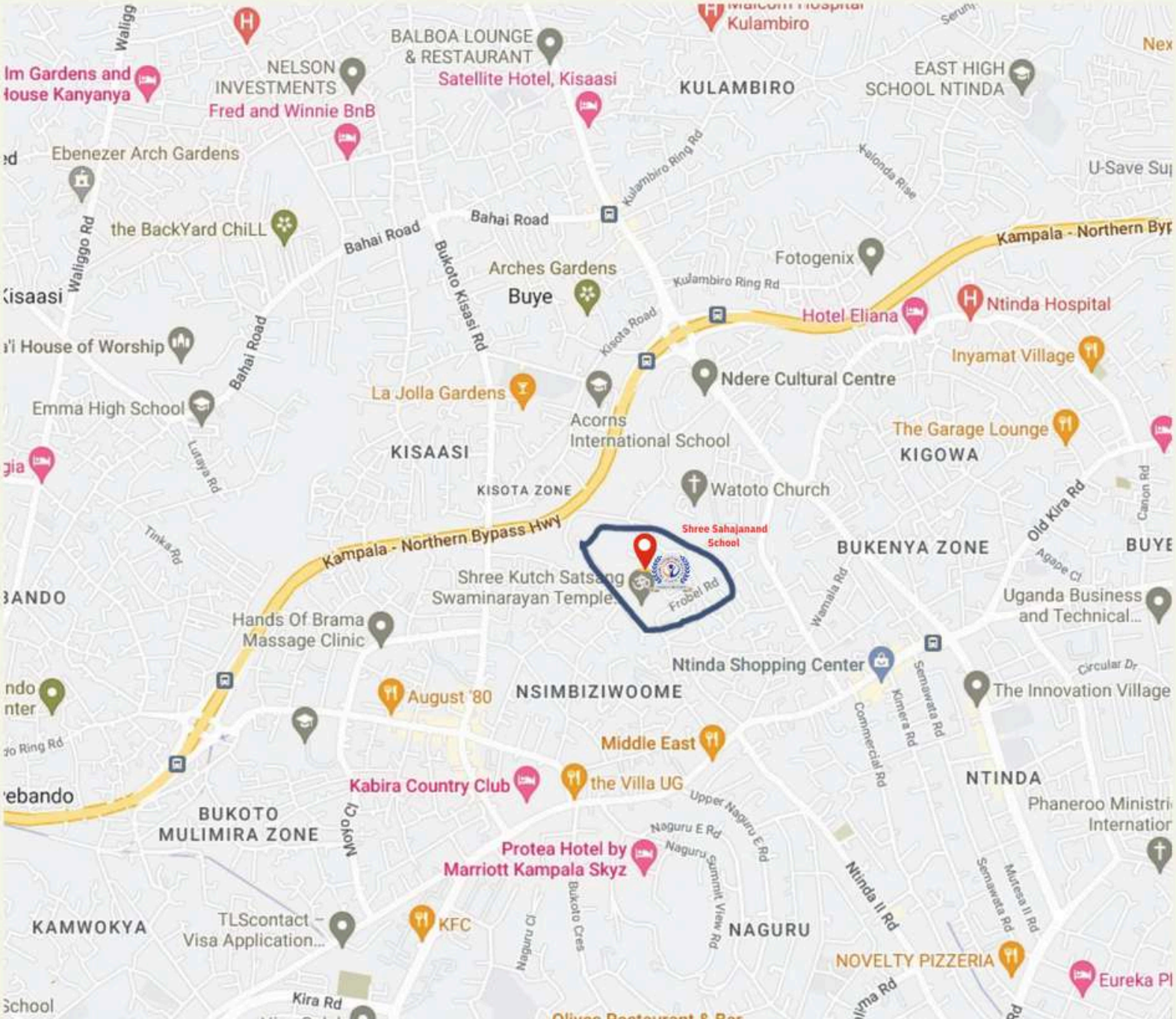
SHREE SAHAJANAND SCHOOL UGANDA

Shree Swaminarayan Complex, Frobel Road, Bukoto, Kampala, Uganda

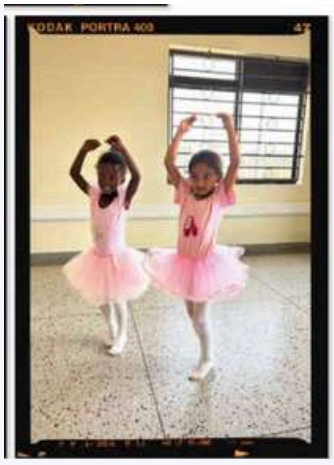
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